



Senior Center Activities Calendar May 2024



MON	TUE	WED	THU	FRI	SPECIAL EVENTS
9:00am Coffee & Chat	9:00am Coffee & Chat	9:00am Coffee & Chat	9:00am Coffee & Chat	9:00am Coffee & Chat	Afternoon Stretch Wednesday, May 1st 2:00pm-3:00pm
9:30am-11:15am Pinochle Cards & Games	9:30am-11:15am Pinochle Cards & Games	9:30am-11:15am Pinochle Cards & Games	9:30am-11:15am Beginner Canasta Pinochle Cards & Games	9:30am-11:15am Beginner Canasta Pinochle Cards & Games	Cinco De Mayo Celebration Thursday, May 2nd 11:30am-1:00pm
10:00am-11:00am Morning Stretch	10:00am-11:00am Drum Fit	10:00am-11:00am Morning Stretch	10:00am-11:00am Morning Stretch	10:00am-11:00am Morning Stretch	Zumba Wednesday, May 8th 2:00pm-3:00pm
12:30pm-3:30pm Bingo/Cards/Games	12:15pm-2:00pm Mahjong	12:30pm-3:30pm Bingo/Cards/Games	12:15pm-2:00pm Mahjong	12:30pm-3:30pm Big Bingo Cards & Games	Afternoon Drum Fit Monday, May 13th 2:00pm-3:00pm
1:00pm-2:00pm Afternoon Fitness	12:30pm-1:45pm Bingo	1:00pm-2:00pm Afternoon Fitness	12:30pm-3:30pm Bingo/Cards/Games	1:30pm-3:30pm Crochet Club	Book Club Monday, May 20th 9:30am-10:30am
	12:30pm-3:30pm Cards & Games		1:00pm-2:00pm Fun in the Sun (Courtyard)		Lunch & Learn - Lessons in Nutrition Sue Brown, AtlantiCare LIFE Connection Wednesday, May 22nd 12:00pm-1:00pm
	1:00pm-2:00pm Matter of Balance				Hearing Tests by Hearing Life Thursday, May 23rd 9:00am-11:00am
					Karaoke Thursday, May 23rd 1:00pm-2:00pm
					Line Dance Tuesday, May 28th 2:00pm-3:00pm
					May Birthday Celebration Thursday, May 30th

Subject to change
To sign up for any of our activities,
call (609) 399-0055!



Senior Center Lunch Menu May 2024



MON	TUE	WED	THU	FRI
		1 Stuffed Shells Meatballs & Marinara Sauce Salad	2 	3 Chicken Pot Pie
6 Cheeseburgers Tater Tots	7 Crab Cakes Macaroni & Cheese Stewed Tomatoes	8 Salisbury Steak Mashed Potatoes & Gravy	9 Stuffed Cabbage Roasted Potatoes	10 Perogies Kielbasa Sauerkraut
13 Fish & Chips Cole Slaw	14 BBQ Chicken Macaroni & Cheese	15 Hot Turkey Mashed Sweet Potatoes	16 Beef Stew with Egg Noodles	17 Meatball Subs Pasta Salad
20 Chicken Tenders French Fries Applesauce	21 Sausage, Peppers, and Onions Pasta	22 Lasagna Salad	23 Sloppy Joes Spanish Rice	24 Chicken Broccoli Alfredo
27 Closed 	28 Hot Dogs Sauerkraut Baked Beans	29 Roasted Pork Mashed Potatoes Sauerkraut	30 Baked Manicotti with Sausage Salad	31 Chicken Salad with Lettuce & Tomato

Subject to change